

Townshend Hockey Skating Systems Newsletter

May 2012



MESSAGE FROM GRAEME...

Preparations are well underway for Summer 2012! We have been busy moving equipment, preparing schedules, coordinating transportation, ordering merchandise and so much more to get ready for our new location. We were at SUNY Morrisville this past weekend and it made me want to start camp now ~ the facility has so much to offer us. With the equipment and skills we have and now more room to teach, this will be our best summer yet for both on and off ice training. So, rest up and start conditioning for camp. It will be jam packed with training! See you at the rink soon.

~ Graeme



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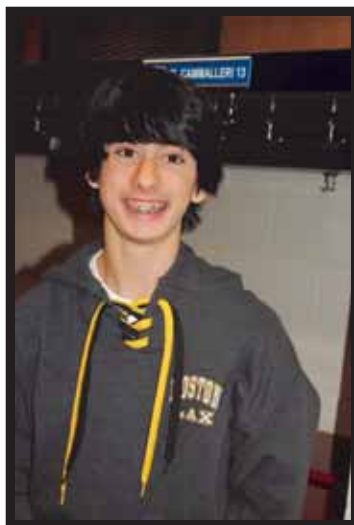


www.AdvanceMyAthlete.com

FATHER/SON CAMP

Were you a kid who always wished he could attend hockey camp when you were growing up? Do you feel a little envious of your son when you leave him for a week filled with skating, training and fun? After years of hearing the dads say, "I wish I could go to hockey camp," we decided to offer a father/son camp.

Camp consists of the Townshend Hockey Skating Systems full program, including our Total Skills Curriculum. You will enjoy the unique experience of training with your child. This is sure to be a memorable experience for you both.



Alexander Gainey

Twelve year old Alexander Gainey didn't start skating until he was almost 10 years old. He was unable to stop, skate backwards or do a single crossover when he began playing for the Westwood Squirt C Team in January 2009. His coach, Jay Condrick, made the game fun while helping Alex to improve. Alex fell in love with hockey that season and despite a fracture in the growth plate in his left leg that kept him out of hockey for the first couple of months of the 2009-2010 season, he set his sights on playing travel hockey and has worked extremely hard to achieve that goal. He attended Townshend Hockey during the summer of 2010 to help him prepare to play for The Boch Blazers during the 2010-2011 season. Another summer of Townshend Hockey

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Are you looking for a motivational speaker for your organization? Contact us at townshendhockey@yahoo.com to schedule Graeme.



“Practice until you get it right, then practice until you can’t get it wrong”

We are looking for future newsletter content. Please forward your ideas, photos and comments to Townshendhockey@yahoo.com

camp and a season playing for The Boston Jr. Eagles '99 team, where he scored 48 goals and had 30 assists in 59 games has prepared him for the next level. He has committed to playing for The Boston Jr. Eagles Elite team for next year and will be attending Townshend Hockey camp again this summer. Of course, when you ask Alex about his amazing progress, he is quick to share credit. Alex credits Graeme and Townshend Hockey for showing him how to improve his training both on ice and off ice. He is thankful that both Coach Jack Hauswirth of the Boch Blazers and Coach Matt Keator of his Jr. Eagles team saw the potential in him even when he was new to the sport. Importantly Alex credits all those mentioned for continuing to make the game fun while pushing him to perform at his highest level. Finally, he credits his family for being supportive of his drive to improve and for driving him to all his hockey activities. This 'A' student embodies the work ethic, dedication and commitment that Townshend Hockey admires. We look forward to seeing you this summer Alex!

Townshend Hockey Students have now scored 22 goals and 47 assists in the 2012 NHL Stanley Cup Playoffs!!!!

We wanted to share this article about Townshend Student Riley Robertson. Riley has been skating with us for 4 years now and we couldn't be prouder of his achievement—way to go Riley!!!

Saugeen Shores' Riley Robertson picked in third round of draft

By BILL WALKER, SUN TIMES SPORTS EDITOR

Posted 1 month ago

SAUGEEN SHORES -- A little computer screen made big Riley Robertson speechless. The 15-year-old Saugeen District Grade 10 student went in the third round, 55th overall, to the Erie Otters on Saturday in the Ontario Hockey League priority draft.

That's much earlier than the Grey-Bruce Highlanders minor midget defenceman expected to be taken.

"I was watching (the draft) on the computer with my whole family and when my name came up I just didn't know what to say," Robertson said on Saturday.

"I had no idea really (that Erie would draft him). I wasn't expecting to be drafted so high. I was really excited."

The six-foot-five, 190-pound Robertson was able to use his size and reach to dominate at the minor midget level.

"I like to be more defensive but when an offensive opportunity opens up I'll take it," said Robertson. "I also like to be physical."

The players are bigger and stronger in the OHL so Robertson knows he's got his work cut out for him.

"I have to get stronger and work on my upper-body strength and just having quick feet," said Robertson who will attend a three-week camp in Syracuse, N.Y., this summer.

"I'll be in the gym three times a week this summer and also do some stuff at home too. I'll also find some ice around here this summer too."

The only other local to be drafted has an Owen Sound Attack connection as coach Greg Ireland's son Jake, who played for the Don Mills Flyers, was taken in the 15th round by Erie.



Riley Robertson

www.TownshendHockey.com