

Townshend Hockey Skating Systems Newsletter

January 2011



Upcoming Clinics:

March Break Hockey Skating and Checking Skills Clinic
3/14/11-3/18/11
Canlan Ice Sports—York University, Toronto
\$425.00 CA

June Hockey Skating and Checking Skills Clinic
6/24/11 –6/26/11
Rec Zone—Raleigh, NC
\$325.00



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My coach doesn't want me to do the things I learned at camp. Now what do I do????

I want to take this opportunity to again thank all of you for participating in my hockey programs over the years. We are very grateful to you all for helping us build a loyal following and look forward to continuing our relationships well into the future. Many of our students are now ready to move on to the college ranks and one in particular is having an incredible year for the Boston Bruins. Congratulations go out to Brad Marchand of the Bruins for what has become a breakout year for him!

Through our unique and innovative Hockey Skating System, many of our students have experienced

great success this season. However, some of my students have been running into issues with coaches not fully understanding the elements from the "New NHL" being taught to them. Things like defending with two hands on the stick rather than one, which has become popularized by the likes of Olympians Douglas Murray and Nick Lidstrom, with the latter being a multiple Norris Trophy winner as the NHL's best defenseman. It's ironic how the system I teach was simply copied by spending literally hours studying Lidstrom's every move.

The trouble is that many youth hockey coaches are volunteers and most likely

don't spend their days and nights studying hours of video as we all do in the NHL. As a result they will rely on what they know from their playing days. I too was not a believer in what I teach now until it was explained to me by two of the most talented hockey men in the world. Paul Vincent, the Stanley Cup winning skating and skills coach of the Chicago Blackhawks and Tim Burke the Director of Player Development of the San Jose Sharks.

What we tell all of our draft picks who end up going back to Junior or to College after being drafted by our club and learning to do things the "Pro" way, is that they will undoubtedly

www.TownshendHockey.com



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Are you looking for a motivational speaker for your organization? Contact us at townshendhockey@yahoo.com to schedule Graeme.



“Practice until you get it right, then practice until you can’t get it wrong”

Take a look at the summer camp offerings on our website. Our Boarding Camps traditionally sell out. Reserve your spot now.

www.Townshendhockey.com

Do you know a hockey player who is dreaming of attending hockey camp?
 A gift certificate can help! Great for birthday or graduation gifts, THSS gift certificates are sold in \$100 increments. Don't wait—our summer camps traditionally sell out. Email us for more information: TownshendHockey@yahoo.com

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go back and meet with resistance from their coaches as they will most likely not understand the new concepts we are teaching these days. As a result we instruct our future NHLer's to do what their coaches want. Most times the confusion come from the student's lack of fully understanding the concepts, so our students use the tactics at the wrong times. What I mean is many of you have only experienced our program for a couple of weeks in total and therefore may use some of our tactics in the wrong situations, simply because

you have not had time to perfect what you have learned.

It took Douglas Murray of the Sharks two years to actually understand what he was being taught and actually be able to skillfully use his new talents. Current Sharks defenseman, Derek Joslin has been learning for the past 4 years and has just recently made the team full time. Maple Leafs defenseman Luke Schenn is still learning and is in his 3rd season with us.

to listen to your coaches and resist any confrontations as this is the best way to get yourself benched. If you have any problems with your coaches protesting what you have been taught, please write down, in clear detail what it is you coach wants and give me a call so I can help you figure out how to best proceed and perhaps find common ground and even a compromise to fit into your coaches beliefs, what I have taught you.

Good luck the rest of the way.

~Graeme

I have to encourage you all

Words From Our Clients

My son Samuel started his peewee hockey season (in October.) I can honestly say he is a different player. He attended your camp in Mass this year and loved it. I didn't see much of a change in him until the season started and he scored in each of his first 3 games including a goal with 1 minute left to tie us up with an undefeated team in our league. Its not just the goals that surprised me, his awareness on the ice, his skating speed and power and his stickhandling have all increased. He is even more coachable now. I'm not sure what to credit all these changes to. When I ask him about it he often says "I learned that at the Townshend Camp". Thanks for doing a great job with the kids.

~M.J.



Did you know that we offer Goalie Camps at our Massachusetts locations? Goalie Training is provided by Cap Raeder, the goal tending coach of the Tampa Bay Lightning!

Space is extremely limited!